

# January 2024

Peabody Place d/b/a Franklin Home for the Aged

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|---|--|---|--|--|---|--|
|   | 1  | 2   | 3  | 4  | 5   | 6  |
|   | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Word Puzzles and Ponderings, <b>Art Rm</b></p> <p> 1:30 Bingo with Sue, <b>1st DR</b></p> <p> 2:30 Learn to Play Mahjong Game, <b>Art Rm</b></p>  | <p> 9:30 Rick's Bus Trip to Hannaford's, <b>Lob</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 3:00 Reading with John, <b>Lib</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Introductory Drawing Class with Carolyn, <b>Art Rm</b></p> <p> 1:30 Natl Geographic Nature Series: Great Migrations, <b>MR</b></p> <p> 1:30 Outing: Scenic Drive of NH Lakes Region, <b>Lob</b></p>   | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Music Concert: Vivaldi Four Seasons, <b>MR</b></p> <p> 11:00 Hold for Staff Leadership Meeting, <b>Art Rm</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 2:30 Current Events and Happy News, <b>Art Rm</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Discussion Group - Fashion and Food Trends Over the Decades, <b>Art Rm</b></p> <p> 1:30 Gratitude &amp; Prayer Requests, <b>MR</b></p> <p> 2:00 Netflix Series: Salt Fat Acid Heat part 1, <b>MR</b></p> <p> 3:00 Resident Happy Hour, <b>1st DR</b></p> | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Baking Chocolate Cupcakes, <b>1st Kit</b></p> <p> 3:00 Movie Matinee: A Man Called Otto (Netflix), <b>MR</b></p>                         |
| 7   | 8  | 9   | 10   | 11   | 12  | 13   |
| <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:00 Sunday Afternoon Sports, <b>MR</b></p> <p> 1:30 Board / Card Games, <b>1st LR</b></p>   | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Trivia Games &amp; Printed Puzzles, <b>Art Rm</b></p> <p> 1:30 Bingo with Sue, <b>1st DR</b></p> <p> 2:30 Armchair Yoga and Guided Meditation, <b>Art Rm</b></p>  | <p> 9:30 Rick's Bus Trip to Hannaford's, <b>Lob</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 3:00 Reading with John, <b>Lib</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 The Art of Doodling, <b>Art Rm</b></p> <p> 1:00 Outing: Painting Ceramics in Concord (sign up in Lobby), <b>Lob</b></p> <p> 1:30 Natl Geographic Nature Series: The Race to Survive, <b>MR</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Music Concert: Pianist, George Winston, <b>MR</b></p> <p> 11:00 Hold for Staff Leadership Meeting, <b>Art Rm</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 2:30 Ladies Social, <b>1st DR</b></p>   | <p> 10:00 Christian Songs with Bill McCoy, <b>MR</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Gratitude &amp; Prayer Requests, <b>MR</b></p> <p> 2:00 Netflix Series: Salt Fat Acid Heat part 2, <b>MR</b></p> <p> 3:00 Resident Happy Hour, <b>1st DR</b></p>                                 | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Baking Blueberry Muffins, <b>2nd Kit</b></p> <p> 3:00 Movie Matinee: Victoria and Abdul (Netflix), <b>MR</b></p>                         |
| 14  | 15   | 16  | 17   | 18   | 19  | 20   |
| <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Board / Card Games, <b>1st LR</b></p> <p> 2:00 Hill Church Service, <b>MR</b></p>   | <p> <b>All Day</b> Martin Luther King Day</p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 MLK Day Discussion and Trivia, <b>Art Rm</b></p> <p> 1:30 Bingo with Sue, <b>1st DR</b></p> <p> 2:30 Craft Project - Make a Greeting Card!, <b>Art Rm</b></p>                             | <p> 9:30 Rick's Bus Trip to Hannaford's, <b>Lob</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 12:00 Men's Luncheon, <b>1st DR</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 3:00 Reading with John, <b>Lib</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Experimenting with Watercolor Pencils, <b>Art Rm</b></p> <p> 1:30 Natl Geographic Nature Series: Animals Born to Migrate, <b>MR</b></p> <p> 1:30 Outing: Tour of NH Historical Society, <b>Lob</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Music Concert: G. F. Handel Water Music, <b>MR</b></p> <p> 11:00 Hold for Staff Leadership Meeting, <b>Art Rm</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 2:30 Science: Understanding the Human Nervous System, <b>MR</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Share &amp; Learn: Best Places to Eat in New York City!, <b>Art Rm</b></p> <p> 1:30 Gratitude &amp; Prayer Requests, <b>MR</b></p> <p> 2:00 Netflix Series: Salt Fat Acid Heat part 3, <b>MR</b></p> <p> 3:00 Resident Happy Hour, <b>1st DR</b></p>     | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Baking Chocolate Chip Cookies, <b>3rd Kit</b></p> <p> 3:00 Movie Matinee: Enola Holmes (Netflix), <b>MR</b></p>                          |
| 21  | 22   | 23  | 24   | 25   | 26  | 27   |
| <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:00 Sunday Afternoon Sports, <b>MR</b></p> <p> 1:30 Board / Card Games, <b>1st LR</b></p>   | <p> <b>All Day</b> Italian Culture Week!</p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Intro to Italian Culture Week!, <b>Art Rm</b></p> <p> 1:30 Bingo with Sue, <b>1st DR</b></p> <p> 2:00 Cathy Hanson Concert, <b>MR</b></p> <p> 3:00 Armchair Travel to Italy, <b>MR</b></p> | <p> <b>All Day</b> Italian Culture Week!</p> <p> 9:30 Rick's Bus Trip to Hannaford's, <b>Lob</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Amazing Foods of Italy, <b>MR</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 2:30 Learn Simple Italian Words and Phrases!, <b>Art Rm</b></p> <p> 3:00 Reading with John, <b>Lib</b></p> | <p> <b>All Day</b> Italian Culture Week!</p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 The Life and Art of Michelangelo, <b>MR</b></p> <p> 11:00 Lunch Outing: Giuseppe's Pizzeria &amp; Ristorante, <b>Lob</b></p> <p> 2:30 Visiting Napoli and Beyond!, <b>MR</b></p> <p> 3:30 History of St. Peter's Basilica, <b>MR</b></p> | <p> <b>All Day</b> Italian Culture Week!</p> <p> 10:00 Catholic Mass with Father Adrian, <b>MR</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 11:00 Hold for Staff Leadership Meeting, <b>Art Rm</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 2:30 Cannoli and Coffee - Delizioso!, <b>1st DR</b></p> <p> 3:00 Music Concert: The Three Tenors, <b>MR</b></p>                        | <p> <b>All Day</b> Italian Culture Week!</p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Armchair Tour of Florence, <b>MR</b></p> <p> 1:30 Gratitude &amp; Prayer Requests, <b>MR</b></p> <p> 2:00 Italian Vinyards &amp; Wine, <b>MR</b></p> <p> 3:00 Resident Happy Hour, <b>1st DR</b></p>        | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 Baking Cinnamon Streusel Muffins, <b>1st Kit</b></p> <p> 3:00 Movie Matinee: The Greatest Showman (Dis +), <b>MR</b></p>                 |
| 28  | 29   | 30  | 31   | MEETING PLACES   |   | DIMENSIONS OF WELLNESS   |
| <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:00 Sunday Afternoon Sports, <b>MR</b></p> <p> 1:30 Board / Card Games, <b>1st LR</b></p> <p> 2:00 Hill Church Service, <b>MR</b></p> | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Word Puzzles and Ponderings, <b>Art Rm</b></p> <p> 1:30 Bingo with Sue, <b>1st DR</b></p> <p> 2:30 Craft Project - Make 2 Watercolor Post Cards, <b>Art Rm</b></p>  | <p> 9:30 Rick's Bus Trip to Hannaford's, <b>Lob</b></p> <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 1:30 PT Exercise with Deb, <b>3rd DR</b></p> <p> 3:00 Reading with John, <b>Lib</b></p>  | <p> 10:00 Peabody Walking Club, <b>Lob</b></p> <p> 10:30 Still Life Drawing Class with Carolyn, <b>Art Rm</b></p> <p> 1:30 Outing: Ice Cream Sodas at Tilt'n Diner, <b>Lob</b></p> <p> 1:30 Natl Geographic Nature Series: Feast or Famine, <b>MR</b></p>  | <p><b>Lob</b> - Lobby</p> <p><b>Art Rm</b> - Art Room</p> <p><b>1st DR</b> - 1st Floor Dining Room</p> <p><b>3rd DR</b> - 3rd Floor Dining Room</p> <p><b>Lib</b> - Library</p> <p><b>MR</b> - Media Room</p> <p><b>1st Kit</b> - 1st Floor Country Kitchen</p> <p><b>1st LR</b> - 1st Floor Living Room</p> <p><b>2nd Kit</b> - 2nd Floor Country Kitchen</p> <p><b>3rd Kit</b> - 3rd Floor Country Kitchen</p> |   | <p> Physical</p> <p> Spiritual</p> <p> Vocational</p> <p> Intellectual</p> <p> Nutritional</p> <p> Emotional</p> <p> Environmental</p> <p> Social</p> <p> Health Services</p> <p> Purposeful</p> |

